

BSW Children and Young People Programme

July 2023

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The BSW Children and Young People's Programme Starting Well

Ambition: To nurture and value the health and wellbeing of all babies, children and young people, their families, and communities across BaNES, Swindon and Wiltshire to live happy, healthy lives, regardless of their circumstances, no matter where they were born, live and go to school, so we can close and prevent the inequality gap in their outcomes

their outcomes
Vision: All babies, children and young people will start well with the support and
healthcare needed to enable them to have a sense of belonging, be safe from harm, to
enjoy healthy lifestyles, do well in learning and have skills to choose and live their
best life



Voice of the child and young person to be heard and at the heart of everything we do asking one question...

"What is it like being a child growing up in BSW and how the wear

make it better?"

BSW Children, Young People and Families Approach

What should we do?

Get it right for children
Start Well
Holistic focus on CYP
Tackle health inequalities
Improve CYP population
health & wellbeing
Prevention + early
intervention

How should we work?

Children first
THINK Family
Co-production
Close to community
Multi-agency, Integrated
working Strengths Based
Engagement
Trauma informed
Supported transitions
Maximum impact

Inputs Required

- Increased BSW CYP capacity
- BSW Children's leadership, accountability
- BSW CYP **Dashboard**
- Partnership Governance arrangements
- Linking with maternity, MH, LDA, SEND, Safeguarding
- BSW
 Executive and
 Partner
 champions

Activities

- Establish holistic BSW Children and Young People Programme Board
- Agree structure and governance working (system and place)
- BSW local priorities scoped and agreed
- CYP in key BSW developments
- Recognition that CYP 0-25 are 30% of population
- BSW at all key SW + NHSF meetings

Outcomes

- Children's
 health and
 wellbeing is
 prioritised and
 improved
- Inequalities data driven and needs led
- BSW CYP
 Strategic Plan
 + Integrated
 Outcomes
 Framework
- BSW supporting wider system
- NHSE Funding achieved and sustained

How will we know if we have made a difference?

BSW working is benefitting babies, children and families in place and neighbourhood

Meaningful plan that provides solutions at scale – doing together that which adds value whilst reducing unwarranted variation

Children and Young People's Transformation Programme Workstreams



Complications from Excess Weight (CEW) Clinics

By 2022/23 we will treat up to a further 1,000 children a year for severe complications related to their obesity, such as diabetes, cardiovascular conditions, sleep apnoea and poor mental health.

Data & Digital

To ensure that high quality, timely data is available and used on a national and local level to provide a holistic overview of children and young people's health and care and to drive improvements in their outcomes and experience. To support digital solutions and appropriate local data sharing agreements as enablers of person-centred, multi-agency, integrated care.

Asthma

To prevent deaths, reduce the number admissions and improve the quality of life of CYP with asthma

Keeping Children Well

We aim to work with leading health and care systems to understand how to improve outcomes for CYP by working across health, care and education where there is a shared ambition (i.e. vulnerability, speech language and communication needs)

System-wide Paediatric Observations Tracking Programme (SPOT)

To create a platform that facilitates a standardised and interoperable method of tracking and detecting the deteriorating child. This system will adapt and expand the inpatient paediatric early warning score into ED, community, ambulance and primary care, creating aligned tools, training in communication and evaluation to deliver a cross-system approach to acute deterioration in paediatrics.

NHS Long Term Plan – a strong start in life for children and young people

- Children and Young People (CYP) represent a third of our country. Their health and wellbeing will determine our future. Recent years have seen improvements in certain services which have been singled out for action, but there is a mixed picture overall.
- The NHS Long Term Plan (LTP) set out a vision for the future of the NHS including action to improve the health and wellbeing of children and young people.
- The Children and Young People Transformation Programme was established to oversee the delivery of LTP commitments in relation to children and young people.
- · The COVID pandemic has also highlighted further areas of development which are also being taken forward by the CYP Transformation Programme.

Urgent & Emergency Care

To reduce avoidable CYP A&E attendances. identify innovative, more integrated models of care and areas of positive practice, and test the feasibility of a national paediatric NHS111 Clinical Assessment Service (CAS) and evaluate its impact on patient pathways and wider local system.

Mental Health/Physical Health integration

We will work across NHSEI to ensure that the paediatric workforce is supported when caring for children and young people presenting to hospital with acute mental health needs such as eating disorders or crisis presentations; and understand where to get additional support.

Voice

MHS

The NHS Lond Term Plan

To collaborate with and embed the voice of children, young people, and families across our programme of work.

Integration

Work with local health systems to codevelop what good looks like to integrate care both horizontally - across health care and education; and vertically - across secondary, primary and community care.

Transition

By 2028, no child, young person or adolescent will be able to become lost in the gaps between children's and adults services, and that their experience of moving between services is well planned and prepared for and they feel supported and empowered to make decisions about their health and social

Long term conditions

To improve quality of care and outcomes

for children with diabetes and epilepsy care needs. www.england.nhs.uk



New Statutory Role for Integrated Care Systems to Focus on Babies, Children and Young People – Published 9th May 2023

Executive Lead Roles within Integrated Care Boards

The commitment was given to Parliament, during consideration of the Health and Care Act 2022, that every integrated care board (ICB) would identify members of its board which would have explicit responsibility for the population groups and functions set out in this guidance^[1]:

- Children and young people (aged 0 to 25)
- Children and young people with special educational needs and disabilities (SEND)
- Safeguarding (all-age), including looked after children
- Learning disability and autism (all-age).
- Down syndrome (all-age).

Please note that when referring to 'children and young people' throughout this document, this covers ages 0 to 25 and refers to babies, children and young people.

Children and Young People

The ICB executive lead for Children and Young People will lead on supporting the chief executive and the board to ensure the ICB performs functions effectively and in the interests of children and young people, including but not limited to:

- championing and working in co-production with children, young people and families
- ensuring the ICB articulate in their joint forward plan, how they will meet the
 needs of children and young people, with a focus on improving their physical and
 mental health outcomes and reducing inequalities[2] which is a legal duty
- maintaining an overview of the quality of services for children and young people, and the impact these services have on outcomes for children and young people and their families/carers
- ensuring appropriate resources are allocated to children and young people for the provision of services, including the transition to adulthood and joint funding with key partners, e.g., social care, education, police, and Youth Offending Services
- leading the relationship with key partners across public health, social care, justice
 and education while working through the governance structures of the ICS (e.g.,
 the ICP, place-based partnerships, provider collaboratives, and VCSE
 organisations) as regards children and young people. Key partners will include
 directors of children's services, lead members of children's services and directors
 of public health

National Context

The NHS Long Term Plan set out the vision for an NHS focused on improved outcomes for children and young people. Each ICB is receiving funding from the Children and Young People's Transformation Programme to deliver the commitments in the NHS Long Term Plan. The executive lead should have a line of sight of delivery of all children and young people commitments led by the ICB, such as mental health, safeguarding, learning disability and autism, health and justice, SEND, and improving outcomes for babies (for example, through implementing the recommendations of the neonatal critical care review or work of the Local Maternity and Neonatal System [LMNS]). They should also contribute to the leadership of wider system work to help keep children healthy and well, for example, through the Healthy Child Programme.

As outlined in the National Health Service Act 2006 (as amended by the Health and Care Act 2022), each ICB has a legal duty to involve the public in planning, proposals, and decisions regarding NHS services. Executive leads should ensure the ICB works in co-production with children and young people and their parents, carers, families and representatives to understand issues which affect children and young people. NHS England statutory guidance outlines ICBs' legal duties for public involvement in more detail, and provides general support on how to meet them.

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REDUCING HEALTHCARE INEQUALITIES FOR CHILDREN AND YOUNG PEOPLE

N

CORE20

The most deprived **20%** of the national population as identified by the Index of Multiple Deprivation

The **Core20PLUS5** approach is designed to support Integrated Care Systems to drive targeted action in healthcare inequalities improvement

Target population

CORE20 PLUS 5

PLUS

ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups



Key clinical areas of health inequalities

ASTHMA

Address over reliance on reliever medications and decrease the number of asthma attacks



DIABETES

Increase access to Real-time
Continuous Glucose
Monitors and insulin pumps
in the most deprived
quintiles and from ethnic
minority backgrounds &
increase proportion of
children and young people
with Type 2 diabetes
receiving annual health
checks



EPILEPSY

Increase access to epilepsy specialist nurses and ensure access in the first year of care for those with a learning disability or autism



ORAL HEALTH

Address the dental backlog by increasing the number of tooth extractions, in hospital, for children aged 10 years and under



MENTAL HEALTH

Improve access rates to children and young people's mental health services for 0-17 year olds, for certain ethnic groups, age, gender and deprivation

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CYP Programme Board – 2023 NHSE funding...



- We will deliver a Connecting Care for Children approach that brings together a multidisciplinary team across primary, secondary and community services, enabling CYP to be treated and receive advice and guidance in their community
- We will adopt a phased rollout, launching initially at an already identified GP Practice in Swindon which has the (estimated) highest number of 0-15 aged Core20 patients. BaNES & Wiltshire will follow in quick succession.
- 2023/24 Q1-2 agree and develop co-created outcome metrics
- 2023/24 Q2-3-scope GPs/PCNs/ develop model for 0-5 caseload, identify or recruit community connectors (care coordinators - paid/volunteers) the initial impacts in developing shared priorities and an integrated approach
- 2023/24 Q4- benefits from redesigned services and influencing redesign of community based integrated care. Contribute BSW findings to toolkit + business case structure.

Mental Health Champions

- We will support implementation of Mental Health Champion roles for CYP within emergency departments in each acute hospital in BSW
- Key functions of the role have been co-developed with Royal College of Paediatric and Child Health (RCPCH) colleagues and include to:
- 1. Facilitate joint working across Mental & Physical Health
- 2.Encourage uptake of training
- 3.Build team confidence & morale
- 4. Provide leadership and link into Trust, ICB and regional network governance structures
- 2023/24 Q1-2 Funding made available to ICBs to transfer to acutes. Regions and systems to support recruitment/mobilisation of MH Champions
- 2023/24 Q2 Reporting for MH Champion role
- 2023/24 Q2-4- Support evaluation and development of framework for role progression. Share and spread learning.





Youth Workers

- We will recruit a network of Youth Worker support for CYP across our acute hospitals as part
- These roles will deliver a person centred and trauma informed intervention for CYP, aged 11-25, accessing our Children's Wards, Emergency Department and adult wards, focusing on mental health needs and children struggling with the impact of long term conditions including
- 2023/24 Q1-2 Funding made available to ICBs. Allocation to VCSE based on procurement guidance. Link to MH Champions
- 2023/24 Q2-4 Support evaluation and development of framework for role progression. Share and spread learning



- We will recruit an Epilepsy Specialist Nurse (ESN) for two years as part of an NHSE. pilot to work across a system footprint in providing care for CYP with epilepsy
- This will improve the quality of care for CYP with epilepsy by taking an integrated approach to the diagnosis, management and treatment of epilepsy
- ESN(s) will be involved in care planning as well as supporting continuity of care for CYP with LD&A as a result of joint-working with community paediatric and neurodevelopmental services
- · Timeline:
- 2023/24 Q1-2 agree and develop plan with RUH
- 2023/24 Q2-3- advertise and recruit to ESN post
- 2023/24 Q4- review progress and plan for 2024/25
- 2025 support evaluation (commissioned by NHSE) and share learnings across BSW and beyond Acute

Paediatric Palliative Care

- We will develop a robust BSW Paediatric Palliative Care Workstream with partners including hospices
- We will support transition pathways and services and align adult and paediatric palliative workstreams, to develop a BSW whole systems approach for Paediatric Palliative Care
- Timeline:
- 2023/24 Q1-2 agree and develop plan with partners
- 2023/24 Q2-3- establish working group
- 2023/24 Q4- review progress and plan for 2024/25
- 2025 support evaluation (commissioned by NHSE) and share learnings across BSW and beyond



CYP Programme Board – what we are doing now...

Starting Well

- New workstream to bring together planning for Early Years
- Early Years Pilot to enable future development of services
- Focus on inequalities and improving outcomes through CYPCORE20PLUS5.
- Link Maternity, Best Start, Starting Well and Healthy Child Programme
- BSW Health and Wellbeing Boards
- Oral Health

Healthy Weight, Nutrition & Food Resilience

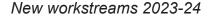
- •Enabling joined up BSW approach to supporting healthy weight.
- Prevention and supporting children and families living with obesity and excessive weight
- •BSW expansion of specialist Children With Excessive Weight Clinics – linking SW regional CEW Hub
- •Focus on inequalities and improving outcomes through CYPCORE20PLUS5.
- Link to adult healthy weight approach and diabetes prevention
- Link to food poverty and cost of living crisis
- •Whole systems approach and place based working
- •BSW Health and Wellbeing Boards

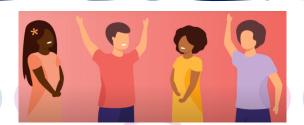
CYP Long Term Conditions

- BSW Asthma bundle delivery including asthma friendly schools, Diabetes, Epilepsy, Bowel and bladder
- Epilepsy Specialist Nurse (ESN) Pilot
- NHSE Youth Worker Pilot
- Transitions
- Link SEND, LD and A and elective care waiting lists
- BSW Health and Wellbeing Boards
- Acute Hospital Alliance, RCPCH and BSW Paediatrician network

Paediatric Palliative Care

- New Programme coproducing pathway and offer with Hospices, VCSE organisations, parents, carers, children and young people and clinical colleagues
- National Programme matched funding
- SW regional approach and link to Bristol SW pilot
- Working with End of Life Alliance Board
- Transitions
- Link Complex Needs, SEND, LD and A





CYP Programme Board – what we are doing now...

BSW Complex Needs & SEND

- Working through existing programmes to coordinate approach for babies, children and young people and parents and carers across BSW:
- •Learning Disability and Autism (LD and A) Board.
- BaNES, Swindon and Wiltshire Strategic SEND Boards
- Focus on inequalities and improving outcomes through identifying CYP as a BSW plus category in BSW CYPCORE20PLUS5
- Collaborative BSW leadership, ensuring adherence to statutory duties, supporting and enabling place based work for new joint inspection framework and referencing each SEND strategy or SEF.
- Developing relationships with Complex Needs & SEND practitioners and leads across BSW as a platform for collaboration for example developing a BSW CYP Neurodisability pathway

Addressing Inequalities

- Working through existing programmes to coordinate approach for babies, children and young people and parents and carers across BSW:
- •BSW Population Health Board
- •BSW Inequalities Strategy Group,
- •BSW Prevention
- •BSWCYPCORE20PLUS5-reducing inequalities for CYP Most deprived 20% of the population, local population priority groups and 5 clinical areas of health inequalities
- •BSW Health and Wellbeing Boards
- •BSW CYP Dashboard
- Link to SW Marmot Region
- •National NHSE Inequalities programme and Barnardo's Health Equity Foundation

BSW Children Looked After and Care Experienced Young People

- Support BSW Children Looked After Strategy Group
- Support how we work as an ICS to improve outcomes for CLA and care experienced young people
- •Focus BSW ICS on NHS Care Leavers Pledge, protected characteristic and role of corporate parent.
- Link to ADCS/ DfE Southwest Regional Offer Graduating from Care southwest project.
- Focus on inequalities and improving outcomes through identifying CYP as a BSW plus category in BSW CYPCORE20PLUS5

BSW CYP Mental Health

- Support and increase BSW focus on CYP mental health and emotional wellbeing
- Strengthen and build on partnerships, working through existing programmes to coordinate approach for babies, children and young people and parents and carers across BSW:
- THRIVE Board
- •BSW CYP MH Oversight Group Focus on inequalities and improving outcomes through BSW CYPCORE20PLUS5
- Acute Hospital Alliance, RCPCH and BSW Paediatrician network – supporting links between MH and physical health including long term conditions
- •NHSE Youth Worker Pilot and Paediatric Mental Health Leads

